

THE
PERTH
CIRCLE

For the advancement
of Family Therapy
in Western Australia

ANOREXIA BULIMIA OBESITY

Going behind
the label of
eating disorders
and getting to
the roots
of the problem

ONE DAY WORKSHOP with PROF.
MAURIZIO ANDOLFI
Saturday 12th October 2024

9.30 am – 4.30 pm

Conference room:
Herdsman Lake Discovery Centre
Cnr Flynn & Selby Street, Wembley, WA 6014

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model which focuses overly on food and medications in treating these conditions which actually misses the deeper underlying issues. On unmasking these issues, we find that there is often a tyranny at home around food which is accompanied with the young person's fear of emotional rejection from the peer group and of the world outside. Young people with eating disorders are often split between regression on the one hand and taking on family issues from a very early age on the other. Anorexia keeps young people trapped in a "Peter Pan" syndrome where a refusal to grow is embodied by a distorted self-perception while bulimia is often associated with mood and personality disorders. Obesity might become a form of emotional protection – a barrier between self and the world. If we move out of the medical description, we might think that ED are an extreme act of adolescent rebellion and signal an exasperated search for care and love.

Join this workshop to discover innovative ways of working with anorexic, bulimic & obese clients in the context of their extended families using a multigenerational approach according to the Andolfi model.

You will learn how to create an alliance with the problem-child and to give competence back to the young person, You will learn how to activate resources in the extended family, in the peer group and in the community.

Last but not least, you will learn how to use yourself freely in psychotherapy and counselling adopting a humanistic, creative approach.

Taped clinical cases will be shown and discussed. If possible, live presentations will be included.

This workshop highlights fresh perspectives on working with the full spectrum of eating disorders; anorexia and bulimia which are usually the main concern, but also its hidden sister, obesity. Current treatment modalities tend to be based on the medical

Maurizio Andolfi, Child Psychiatrist, Prof. of Clinical Psychology, University La Sapienza in Rome is the Director of the International Family Therapy Academy (Italy). He is an internationally renowned Master Family Therapist. He was awarded for his special contribution to family therapy by AAMFT in 1999 and from the Australian Association of family Therapy in 2021. He received a Lifetime Achievement Award from AFTA In 2016. Andolfi relocated to Australia in where he was conferred with the title of Distinguished Talent from the Australian Government and continues to teach around the world. He is also an Honorary Member of the Asian Family Therapy Association and of the World Social Psychiatry Association. He is the author of several bestselling books including, "Teen Voices", "Multigenerational Family Therapy", "The Intergenerational Couple Therapy" and "The Gift of Truth".

DATE: Saturday, 12 October 2024

TIME: 9.30 am – 4.30 pm

COST: Early bird 270 AUD if paid before August 31

Regular 320 AUD if paid after August 31

University student 200 AUD

VENUE: Conference room: Herdsman Lake Discovery Centre
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Tea & Coffee, Morning & Afternoon Tea will be provided

Cancellation Policy: No cancellation available, but place can be transferable to a third Party

REGISTRATION FORM

(Please send to: mauriandolfi@gmail.com)

NAME

ADDRESS

TELEPHONE

EMAIL

PROFESSIONAL QUALIFICATION

PLACE OF WORK

TERTIARY INSTITUTION (IF STUDENT)

PAYMENT

For information about payment
please write an email to:

mauriandolfi@gmail.com

Affiliated to the Accademia di Psicoterapia della Famiglia in Rome (Italy)
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